



UPSLOPE



Newsletter of the NORDIC Ski Touring Section of PATC

Visit Us On the WEB at <http://www.patc.net/chapters/ski/>

November 2006

UpComing Attractions In Winter UPSLOPE

- Complete Winter trip listing
- Initial trip reports
- Snow forecast
- More destinations...near and far

Another Successful Ski Fair

The Potomac Appalachian Trail Club's Ski Touring Section pulled off another successful Ski Fair at PATC headquarters in Vienna on November 4. A crowd of eager trip participants, ski swappers, and session attendees thronged the building, despite the beautiful, warm weather outside. The Ski Fair featured nearly two dozen trips for the 2006-07 Winter season, many of which are now full or wait-listed (see [page 4](#) for details).



Presentations by guest speakers—slides and how-to, included:

- Doug Jacobs from Open Air Wear on the latest fabrics for xc shells
- Dave McGaw on GPS, maps and xc
- Bert Finklestein on the recent Haute De Escarton trip in France
- Leaders of local and other trips discussed their plans for 2006-07

A great time, and good food, were enjoyed by all who came by. Thanks to Steve Bergstrom, Al Larsen, Bert Finkelstein, Kathy Brumberger who manned the trips desk all day, and everyone else who pitched in to make it work.

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(blue links are live)

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STS Learn-To-Ski Weekend

The January 19-21, 2007, STS Learn-to-Ski weekend will be held at Camp Sequanota, near Jennerstown, Pennsylvania. To view the lodging and learn about the Lutheran "retreat" check out:

http://www.woodbadgeatcampsephmack.org/index_files/Page676.htm.

Leaders and ski instructors are Larry Doff and Julie Nash. Instruction will take place on Camp Sequanota grounds and at local ski-touring-centers, Laurel Highlands and Laurel Ridge. Ski rental is available close to our destination.

To reserve your place contact Julie Nash at 703-471-0854, or triadsnash@aol.com. Cost of the 2-night outing with double occupancy is \$80 and includes breakfasts and linen service. We bring our own lunches and snacks and dine out Friday and Saturday nights.



These people KNOW how to ski

Julie Nash

ST\$ Officers

From the ST\$ Chair

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UPSLOPE

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This year's ski season started at noon, three weeks ago, at the ski fair. No sooner than we opened up the doors when our trip signup desk was filled with eager members looking over the schedule, asking questions, and signing up for their favorite trips. At least three of the trips were filled up by the end of the day, and, by the looks of it, more will be filled up in the next few weeks. If you've expressed interest in any of the trips and have not signed up, download an application / waiver form ([click here](#)), call the trip leader, and send in your deposit. That way you'll be sure of getting your place. We're also planning on opening a few new local trips if there's enough demand, so register with our email listserver to keep up with the latest news. In our presentation, Bert took us to France on the Haute to Haute trip, we learned the basics of GPS from Dave McGaw, and Doug Jacobs from Open Air Wear kept us abreast on the latest developments in outdoor wear.

Many thanks to Steve Bergstrom for bringing this year's ski fair into fruition. Thanks, also, to Kathy Brumberger for bringing order to the trip signup table. Also, thanks for everyone else who volunteered to make the ski fair the success it was; Steve Brickel, Peggy Alpert, Doug Lesar, Erma Cameron, Ralph Heimlich, Dave Holton, Jack Kangas, Al Larson, Carl Modig, Doug Jacobs from Open Air Wear (who generously raffled some Open Air Wear clothing), Liv Smelkinson, Isabella Zandberg, and Dave McGaw.

You can read about our Whitegrass trail maintenance trip elsewhere in this Upslope. Here, Chip captures the essence of the trip in his thanks:

"What a great crew you all have, to not only help us all out, but to travel the world with! There is a peaceful easy feeling amongst you all. We wanted to thank you for all your hard efforts all weekend and the cold foggy Sunday morning in the mud proved the hard dedication that makes you all win the tough of the week award. Hopefully we can provide some really great ski and coffeehouse experiences through the winter and you should feel like family and VIPs. Barry and all the WG staff send out big appreciation for the trail work help. Wish we had a lush lodge for us to sauna and swim in ... I would love it though!"

On the way back, I looked at homes in Canaan Valley. Homes that had gone for \$50K a few years ago are now \$150K. New homes are being sold for \$300K - \$400K, an amount unheard of just a few years ago. Seems like city values are moving to West Virginia. Thomas and Davis are in the process of a renaissance as new businesses are moving in to replace Big Coal. Nevertheless, we can expect that the area will still retain much of its character thanks to the large amounts of land put aside for wilderness and recreation by the efforts of local conservationists. Their foresight and efforts have made the area what it is and what it will be many years from now. Let's support them.



Best wishes,
 Bert

All Aboard the Polar Express

Check <http://www.patc.net/chapters/ski/Trip%20Descriptions.htm> for updates

Al Larsen, Trip Coordinator

With this November newsletter, I want to review the bidding on how much space is available on our upcoming trips. This is my first (and given the amount of work involved, maybe only!) year in this job—and it puts this concept of “advanced planning” in a whole different light. In previous years, I’d sit back and contemplate the uncertainty of my own schedule for the next few months and say, well, I’ll see if there’s still room on a trip a little ways down the road. Now, from the Trip Coordinator’s perspective, I can appreciate that there are several dynamics at work, which could be ameliorated by—hmmm—advanced planning!

The first thing is that a surprising number of our trips are already filled (see listing, page 4), and I just know that members are going to be disappointed when they finally get around to signing up. So, best for you to check in now, see which ones are full, and then make alternative choices. The second thing is that trip leaders have to guess at how many sign-ups there will be, and make lodging reservations accordingly. That means trying to gauge whether and when to release excess rooms if there are not sufficient sign-ups to fill them. So, to assist you in making your calculations, let me try to report on where things stand.

First, we have two trips to what is becoming a favorite club destination, Tug Hill, north of Syracuse, NY. Because snow generally comes earlier and more reliably to this plateau off Lake Ontario, these are two of our earlier trips (basically [New Years](#) and [MLK Jr. Birthday](#)), and require that you get it together a little earlier if you’re going on them. Closer to home, a number of the Canaan Valley and Laurel Highlands trips are already full, but there are some trips with space. Blackwater Falls State Park is always one of the most popular club trips, and we often have four or more trips over there. This year, we have just have two Blackwater Falls Lodge trips, led by Larry Doff. Larry is doing both as “snow/no snow” trips, meaning the trips will go as hiking/outdoors getaways even if there is no snow. There is still space on these, so get your signups in to Larry if you want to go. Members should know that the Lodge requires at least 30 days notice for canceling, so we can’t hold unreserved spaces up until the last minute on those trips. Also relatively close to home, we are happy to be able to offer a New Germany State Park trip again this year, courtesy of Jack Wise. New Germany is about as “local” as we get, and it’s a great spot that’s only about a 2 hour drive from the beltway. Jack’s group will be staying at the historic Casselman Inn.

Two new venues for the club this year are Stowe, VT and Garnett Hill Lodge in the Adirondacks. See accompanying article on Garnett Hill. In Stowe, we’re not staying at the Von Tourist Trapp Lodge. These are two outings for which the leaders need to get a firm count for room purposes, so get your forms and checks in soon if you are interested in these. I hope this update helps all the STS members with their planning (and gets the more leisurely among you off your tushes so you don’t end up disappointed—not to put too fine a point on it). Please call me or any of the trip leaders if you have questions.

Tug Hill Upstate NY New Year’s Ski Mini Week—Dec 28, 2006 - Jan 1, 2007: Contact Steve Brickel or Peggy Alpert—Celebrate the holidays staying at the historic 1880 House in Pulaski, NY facing the Salmon River (close to Lake Ontario) Enjoy the expected heavy lake effect snowfall prevalent in this area as we ski some of our favorites at nearby Winona State Forest and Osceola STCs. Cost is \$260/person, which includes four nights of lodging, breakfasts, soup after skiing each day, and a New Year’s Eve wine and cheese party plus full dinner in the B&B.

Laurel Highlands, PA—Multiple dates, see page 4. We stay at Somerset, PA in the heart of the Laurel Highlands. While we’re there, we have a choice of many ski areas: Laurel Mountain, Laurel Ridge, Kooser State Park, Hidden Valley (XC and downhill), Roaring Run and others. Plenty of skiing for all levels including skate skiing. Guaranteed fun. Ski on the trails we improved in October and discover new ski trails. Check out the Laurel Ridge skicam to see how much snow they have there when we don’t have any here. Contact trip leader for specific details.

Canaan Valley/Blackwater Falls, WV—Multiple dates, see page 4. Stay at the rim of the Blackwater Gorge at the Blackwater Falls State Park Lodge, complete with restaurant, fitness center, indoor pool and hot tub. Each room has two double beds. Ski out the door on over 20 miles of trails nestled among towering pines, from beginner to advanced. Enjoy hot chocolate on the trail or at the warming hut on Sled Hill, complete with its tow rope to add to your telemarking fun. Or, try other trails from the lodge or cabins at nearby Canaan Valley State Park, Whitegrass Ski Touring Center and Dolly Sods. Evening folk music and entertainment options also just a few miles away with breakfasts at the lodge. Contact trip leader for specific trip details.

(Continued on page 7)

Preview of STS Ski Trips — Winter 2006-07

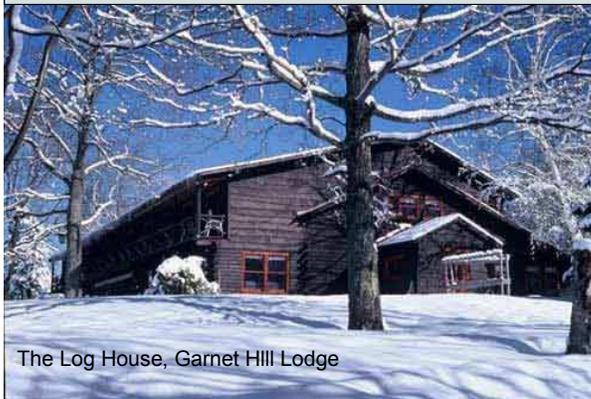
STS officers and volunteers developed the following roster of trips. NOTE: Please note that this trip schedule is tentative and subject to change. Also, cancellation policies may result in trips being closed out earlier than expected; please reserve space early.

Trip	Location	State	Start Date	Return Date	Nights	Notes	Leader
1	***Ski Fair @ PATC-HQ	VA	4-Nov	4-Nov	0	Ski Fair	Bergstrom
2	White Grass (Trail Prep)	WV	10-Nov	12-Nov	3	Work Crew	Lynn Yates Brickel and
3	Tug Hill	NY	28-Dec	1-Jan	4	New Year	Alpert
4	Tug Hill	NY	11-Jan	15-Jan	4	MLK Holiday	Swennes
5	Laurel Highlands	PA	13-Jan	16-Jan	3	MLK Holiday	Finkelstein
6	Laurel Highlands	PA	19-Jan	21-Jan	2	A FEW SLOTS	Brumbergers Nash and
7	Camp Sequanota Laurel Highlands	PA	19-Jan	21-Jan	2	Learn to Ski	Doff
8	Blackwater Falls	WV	26-Jan	28-Jan	2	snow or no snow	Doff
9	Canaan Valley Cabin	WV	25-Jan	28-Jan	3	TRIP IS FULL	Lesar
10	Canaan Valley	WV	1-Feb	4-Feb	3	WAIT LIST	Brumberger
11	Canaan/Blackwater Falls	WV	2-Feb	4-Feb	2	SPACE FOR 1	Ausema
12	Blackwater Falls	WV	9-Feb	11-Feb	2	snow or no snow	Doff Brickel and
13	Stowe	VT	15-Feb	20-Feb	5	President's Day	Alpert
14	Ski Dance New Germany	PA	16-Feb	19-Feb	3	President's Day	Applestein
15	Casselman's Inn	MD	16-Feb	19-Feb	3	President's Day	Wise
16	Garnet Hill Lodge	NY	23-Feb	26-Feb	3	Adirondacks	Larsen
18	Yellowstone NP	MT	16-Feb	24-Feb	8	TRIP IS FULL	Swennes
17	Bryce/Cedar Breaks	UT	6-Mar	11-Mar	5	Utah	Swennes
18	Elk River	WV	TBD				

Contact information for Ski Trip Leaders:

Name	Home Phone	email
Stephen Brickel and Peggy Alpert	301 946-4497	sbrickel3003@rcn.com
Rob Swennes	703 532-6101	robertswennes@hotmail.com
Bert Finkelstein	703 715-8534	bertanamo@gmail.com
Julie Nash	703 471-0854	triadsnash@aol.com
Kathy and Elliot Brumberger	301 774-7412	KathyBrum@comcast.net ElliotBrum@comcast.net
Larry Doff	703 615-3195	ldoff@juno.com
Doug Lesar	301 587-8041	dlesar@comcast.net
John Ausema	301 345-2794	jausema@gmail.com
Eliot Applestein	301 984-6855	eliotapplestein@verizon.net
Jack Wise	410 256-3963	
Lynn Yates	410 296-2988	Towson.Lynn@gmail.com

Garnet Hills Lodge, Adirondack Mountains, NY



The Log House, Garnet Hill Lodge

This is a new venue for the STS, and I'll be leading this trip on February 23-26, 2007 (Friday –Monday). Garnet Hills is situated above Thirteenth Lake in the Adirondacks, northwest of Lake George, south of Lake Placid. They have 55 KM of groomed trails on site, groomed daily, with set tracks and skate ski lanes, beginner, intermediate and more challenging trails. Adjacent State Forest trails offer backcountry skiing. There is even a lighted track for night skiing. Garnet Hill offers a shuttle drop off near the Gore Mountain downhill area, with a terrific backcountry trail that returns to Garnet Hill. There is a "sugar bush" maple syrup operation set up on site which is accessible by the G-H trail system. Because you can ski right out your door, it offers a lot of flexibility for participants. You can go out for an hour and come back to rest, or head out for the whole day. No need to coordinate with rides back to the lodging.

Garnet Hill operates on a Modified American Plan—that means we get the lodging, a huge (and good) buffet dinner (or order off the menu) each night and an equally large country breakfast buffet each day, as well as a pass to the trail system (\$25 separately).

The price is \$100 per person per night, for a total of \$300. At this point I have reserved four double rooms, and have told the lodge we may have need for more, if they are still available. At least at this point, we have an option to take rooms in a separate cabin, rather than the main lodge, which would cost more (about \$30 more per night). The upside is having a space that would be just ours; the downside is that you'd have to walk or ski to the meals and the big common room at the main lodge. There is no way to know how long additional rooms will remain available, and in any event I will cut off additions at some point so we can firm up plans among those who have committed.

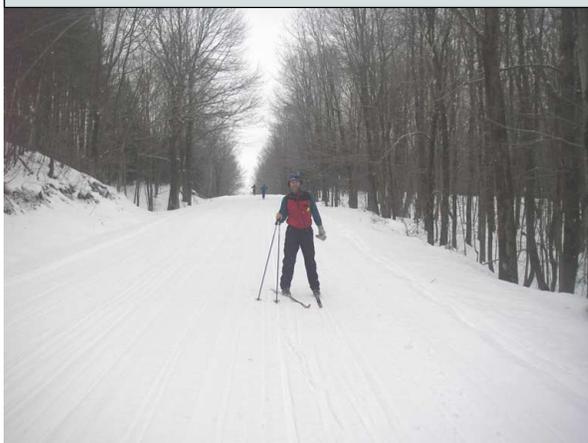
I have been to Garnet Hill before and the trails are fantastic, the food good, and the options plentiful, no matter what your image of a cross country ski outing should be. I think the Adirondacks are the premier natural setting in the entire Eastern US. I'm a cheapskate, and found this to be a very good value—given the trail pass, the meals, the condition of the trails, the night skiing and the extra lodge space for curling up with a book or a glass of wine in the evening after a full day of skiing and a good meal.

My plan is to leave early on Friday morning, getting us up there in time for some late afternoon skiing (and night skiing for anyone interested), a full day on Saturday and Sunday, and some skiing Monday morning, leaving by noon and getting back home Monday evening. For those who are interested, I propose renting a van and driving up together (not included in the trip cost). Alternatively, I would consider leaving after work on Thursday and driving 4-5 hours, giving us a full afternoon at Garnet Hill on Friday. See my contact info on [page 2](#) to discuss or reserve a space.

For more info, see <http://www.garnet-hill.com/index.asp>

Al Larsen

Support for Winona Forest Trail, Tug Hill



XC in Winona Forest, Tug Hill photo by Izabella Zandberg

I received the following from our former hostess at All Seasons Lodge. Winona State Forest is a venue that has often been used by STSers when skiing on the Tug Hill plateau. All of the trails are set by volunteers in the local community, who purchased a good grooming machine several years ago. Rose Driscoll has been an active organizer for the club and for the winter usage of Winona State Forest for many years. Below is the mailing address.
 Peggy Alpert

Do you think the people in STS that ski in Our Winona Forest would be interested in being members of our organization? The membership fee is \$25.00 a year and helps pay for grooming the trails and repairing the trails that get abused. We have applied for a \$100,000 Grant and have to raise \$20,000 ourselves.
 Rose Driscoll

Winona Forest Recreation Association
 c/o Rose Driscoll
 4920 N.Jefferson St., 3R
 Pulaski, NY. 13142

White Grass Work Trip



Doug and Catherine work on a bridge

The November trail maintenance work trip to the White Grass STC in Canaan Valley, WV, is fast becoming an STS tradition. For the last several years, STS groups have taken a weekend to help Chip Chase ready the well-loved trails and glades on the flanks of Cabin Mountain for the many Nords and Telly skiers that flock to his corner of Appalachian high country every winter. Thanks to the organizational abilities of leader Lynn Yates, this year's work trip enjoyed success, even in the face of classic (changeable) Canaan weather. This year's work trip began with record-breaking high temperatures (low 70's) making mid-Autumn feel more like late Summer. The trip ended with a drastic weather change so typical of the WV Potomac Highlands (rain and wind with temps barely above freezing). What did we ever do without multiple weather services available 24/7 on the internet, forewarning us pre-trip of the potential for big changes to come?

Three participants (Catherine, Doug, and Erma) spent part of the Holiday Friday in a completely new activity—gathering red spruce cones in the Monongahela Forest. The purpose of this squirrely endeavor is to take advantage of a very productive red spruce cone-generation year for the benefit of nurseries that sell seedling red spruce (a species native to the WV highlands) for planting on reclaimed strip mines. Contributing to this conservation-minded cause is not difficult—once a red spruce stand is located, you merely locate trees from which squirrels have dislodged cones from the branches and left undisturbed cones on the ground. The fresh ones are recognized by their color, and the extremely sappy specimens are collected in plastic bags for delivery to the gathering-licensed agent of the West Virginia Highlands Conservancy (Dave Savile, a non-STS worktrip participant).

The others, Lynn, Carl, Darleen, Rhon, Bert, Jack, Greg, and Ron, joined the conehead trio in the trail work effort in the continued balmy temperatures on Saturday. This was the first November work trip in memory where there had been no need to light the wood stove in the White Grass lodge (the bedding place of most of the party) to stave off nighttime fridity. The temps continued pleasantly warm all day, allowing a nice rest break on the usually windswept, and often downright inhospitable, Bald Knob viewpoint. The trail labor included deadfall dismantling, small debris removal, bridge erection, ditch clearing, trimming broken or intruding tree branches, nipping-off skier-snagging beech shoots, and clearing ground-level brush from the famed Telemark glades. Although work parties on previous weekends had accomplished much, there was no shortage of chores for the STS eleven and the other volunteers present, some of whom wielded a mean chain saw.

The cattle fence at the Canaan State Park border across Baldy Steeps presented an even greater obstacle to foot traffic than usual, as the caretaker for Doc Reed's cattle herd (the source of so many WG pasture pies) had neglected to unlock the gate. Not a big deal, until one of the trail crews scrambled over the fence and discovered that the electrified portion was still "live". It's difficult to tell who yelped louder, chief cone honcho Dave or trail-running canine Morgan. Guess those cattle-repelling electric lines have a respectable bit of voltage!

The lunch provided by Laurie and Chip included sweet potato and barley mushroom soups as well as the famed White Grass chili. If you went away hungry, there was something wrong with you! The cold front that arrived (thankfully a bit belatedly) on Saturday evening brought rain, wind, cold, and a ground cloud that obscured everything. Laughing at the inclemency, the trail crews spent Sunday morning evicting a large slash pile left over from a past lumbering operation in Gandalf's Glade trail. Various bridge repair efforts, both major and minor, were undertaken and the by-now copious mud allowed the little boys in Greg, Jack, and Doug to emerge while ripping tangled debris and sod clusters from drainage ditches flanking the Snow Farm trails (what IS it that makes guys love muddy hydraulic engineering?)



A bridge renovation allowed Catherine's inner carpenter to flourish, as she expertly nailed decking planks home into supporting locust logs without kinking a single nail. As is so often the case, the fog and mist so prevalent up high disappeared not long after the drive-home descent on US-33 toward Seneca Rocks. A newly-opened seven mile stretch of the WV-55 expressway ("Corridor H") and the completed I-66 expansion between Gainesville and Manassas eased the return trip, though by the ironclad Law of Conservation of Traffic Congestion, a backup on 66 near Fairfax and Vienna made up for the time gain. Nevertheless, the time spent on the 2006 Canaan Valley work trip was well spent. We are all hoping that a good snow year prevails in Canaan Valley this coming season, so all in STS can savor the fruits of our labors in the form of trail improvements!

Doug Lesar

More Ski Trip Descriptions

(Continued from page 3)

Yellowstone National Park, Montana—Feb 16-24, 2007: Contact Rob Swennes—The PATC-Ski Touring Section is planning a ski excursion to beautiful Yellowstone National Park, at the intersection of Idaho, Montana, and Wyoming. Yellowstone, the Nation's first national park, has developed an excellent cross-country skiing operation that offers extraordinary landscape beauty with a bountiful variety of wildlife and hot springs. Backcountry ski trail networks extend out miles into the park from both the Mammoth Hot Springs Hotel and the Snow Lodge near Old Faithful. As of press time, this trip is FULL! NOTE: Rob knows of skiers who intend to "shadow" the formal STS group but who are still searching for people to share their motel rooms in Yellowstone. If interested, contact him right away!

Stowe, Vermont—Feb 15-20, 2007, extended President's Day: Contact: Steve Brickel or Peggy Alpert—A world famous historic village, nestled beside Vermont's highest peak, majestic Mt. Mansfield. Legendary Fall foliage. Spectacular skiing. Beautiful mountains. Incomparable accommodations, recreation, dining, shopping, spa. Stowe's allure is timeless, your Vermont vacation will be unforgettable. With 4 ski touring areas, and down-hill for those who are so inclined, or Telemark and Radonee' for those who can, Stowe offers world-class skiing in our own back yard. Accommodations: Motel with kitchens, private baths, etc. located on main road with access to ski trails. Approximate lodging cost - \$240 (depending on number of participants) Flight info: Fly out of DC on the evening of 2/15; return evening of 2/20. Approx. cost \$325 Ground transportation will be rentals, approximate cost \$100.



New Germany, MD—Feb 16-19, 2007, President's Weekend: Contact Jack Wise—New Germany State Forest is east of Deep Creek Lake and north of Canaan Valley in western Maryland. We ski on the Park trails and stay at historic Casselman Inn, eating hearty country fare from the Mennonite kitchen.

Learn to Ski—Jan 19-21, 2007: Contact Julie Nash or Larry Doff—Camp Sequanota, Jennerstown, PA, at Laurel Highlands. Catch XC ski fever with other students and the help of volunteer instructors. We'll learn to ski at Camp Sequanota, near Laurel Mountain. When you complete the course, you should be able to ski on the many beginner trails at our favorite ski areas.

Ski-Dance Weekend—Feb 16-19, 2007: Contact Elliot Applestein—Camp Harmony, Laurel Highlands, PA, has cross country skiing (downhill skiing available nearby), sledding, dancing (contra and square dancing; workshops, too), and music making. Have lots of fun outdoors and indoors in a beautiful rustic setting. Dance to live music in the evening by Dave Weisler and the Avant Gardeners. Dances called by Robin Schaffner & Bob Mathis. Bring your talents and instruments to share. Lodging is dormitory-style at Camp Harmony; that is, group rooms in heated cabins. Check out the website, <http://www.skidance.com>, for more information and a registration form. The weekend will NOT be cancelled for lack of snow.

Garnet Hill Lodge, NY—Feb 23-26, 2007: Contact Al Larsen—Garnet Hill Lodge is a true Adirondack mountain resort on 13th Lake. Enjoy miles of scenic groomed trails. Take a ski lesson. Watch your kids ski. Enjoy a backcountry ski journey. At day's end find the warmth of friends and good cheer by your Log House fireplace. Check the website <http://www.garnet-hill.com/> for more info.

Bryce Canyon, UT—March 6-11, 2007: Contact Rob Swennes—Bryce Canyon, UT—March 6-1, 2007: Contact Rob Swennes. Both Bryce Canyon and the Cedar Breaks National Monument offer superb late-season skiing high on the Colorado Plateau (8,000 - 10,000 ft.). This is the second year in a row the Section has offered this trip. We'll fly to Las Vegas and spend four days skiing, snowshoeing and hiking in southern Utah. Cost is \$300, plus air fare and food. Cost covers 5 nights of lodging and rental vehicles—an average of only \$60/day! Contact Rob to get photos from last winter's trip.

Elk River, WV—TBD—The Elk River Touring Center is located five miles from Snowshoe Mountain Resort at elevation 2750', high enough to receive an annual snowfall of about 180 inches per year. Cross-country skiing trails which criss-cross the Highland Scenic Highway, which peaks at an elevation of around 4700'. The downhill skiing at nearby Snowshoe Mountain peaks at 4,848' making both two of the highest (and snowiest!) points in West Virginia.

PATC-Ski Touring Section
c/o Doug Lesar
2507 Campbell Place
Kensington, MD 20895

November 2006



To:

PATC Ski Touring Section Membership Form

The PATC/STS provides quality services and benefits to its cross-country skiing members while promoting and supporting the PATC and cross country skiing in general. Whether a novice, recreational, citizen racer or telemark skier, STS has something for every XC skier. Imagine yourself floating on the snow, climbing across hill and dale in the quiet of winter, stopping for lunch in brilliant sunshine on a vista with a view of snow-covered ridges and valleys stretching to the horizon, and then making a descent back to home. Our membership enjoys ski touring in the hills with the comradeship and safety of a group. When you become a member, you receive all issues of the club's newsletter UPSLOPE and other useful information. UPSLOPE is published six times a year by PATC/Ski Touring Section, a non-profit, educational and recreational group of cross-country skiing enthusiasts based in the Maryland, DC, Virginia, PA and West Virginia areas. UPSLOPE provides information about STS trips and events (e.g., Learn-To-XC-Ski weekends, Telemark instructional clinics, and mini-week ski trips). One year membership runs from October 1st through September 30th of the next year. If you join in April or later, your one year membership will run through September of the next year. To insure uninterrupted membership for more than one year, you may provide advance dues for up to three years. To join, select your desired membership category and term from the table below, complete this Form legibly, and send it with a check appropriate to your membership choice (payable to PATC Ski Touring Section) to:

PATC-Ski Touring Section, c/o Doug Lesar, 2507 Campbell Place, Kensington, MD 20895

Membership Classes

<u>Membership Categories</u>	<u>1 Year Only</u>	<u>2 Years</u>	<u>3 Years</u>
Individual	\$ 9	\$17	\$25
Family	\$13	\$24	\$35

PLEASE PRINT or TYPE THE INFORMATION BELOW !!!

Name(s): _____ Request is for: - NEW Membership: _____

Address: _____ Today's Date: _____ - New Address: _____

City: _____ State: _____ Zip: _____ - Renewal: _____

Home Phone: _____ Work Phone: _____ Email Address: _____

- Add me to Annual member directory but do not list my: Home Ph.: __ ; Work Ph: __ ; Email: __; Postal Address: __
- If checked, add me to STS LISTServ so I can get infrequent, adhoc announcements of local XC Ski activities: __
- If checked, add me to STS Bulk Email list so I get official club announcements important to all STS members: __
- NEW: If checked, send my UPSLOPE only electronically (no paper copy) to save the club copying and postage: __

STS is an all-volunteer organization. We cannot function without the assistance of our members. If you are interested in volunteering to help STS in any of the following areas, please check the box and you will be contacted:

- | | | |
|--|--|---|
| <input type="checkbox"/> STS Officer | <input type="checkbox"/> Publicity | <input type="checkbox"/> XC Ski Instructor |
| <input type="checkbox"/> Web Content Assistant | <input type="checkbox"/> Ski Trip Leader | <input type="checkbox"/> Special Events Coordinator |