



UPSLOPE



Newsletter of the NORDIC Ski Touring Section of PATC

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Summer 2004

UpComing Attractions In Fall UPSLOPE

- More Trip Planning
- Ski Fair Planning
- Summer Meeting Details

Apres-Ski Reunion and Party a Success

The 2003-04 ski season finale was an STS Election/Social Bash, held at the beautiful old Takoma Park home of Marion Story on Sunday, April 25th. About 35 skinny skiers attended a short business meeting (see minutes, inside), followed by a luscious pot-luck social from the gourmet appetizers, entrées, salads, and DESSERTS in spades.

Two slide presentations from our adventurous and far-flung STS excursions provided entertainment and took us back to the brisk, snowy scenes we all love. Robb Swennes and Chairman Bert Finkelstein shared a high-tech electronic presentation on the STS excursion to Germany's Garmisch-Partenkirchen area in February (see below). Erma Cameron shared slides from her trip to British Columbia's Yoho National Park, just west of the continental divide in Banff National Park (see UpSlope 31 for a report).

Inside this issue:
(blue links are live)

Your STS Officer Contacts

2

Thanks again to Marion for hosting us, and to all who made the event a success. See [page 8](#) for 2 more great parties.

Ski News Flashes From the new editor Treasurer's report

2

Garmisch-Partenkirchen Ski Excursion

By Robert Swennes

Annual Meeting Minutes Trip Planning Ideas

3

Editor's note: In February 2004, eleven intrepid PATC-SKSers flew from Dulles to Munich, skinny skis in hand, and traveled to the Garmisch-Partenkirchen (G-P) area of Bavaria for STS's first intercontinental ski trip. This article gives highlights...and enough information to tempt other ski travelers.

Garmisch-Partenkirchen Ski Excursion

4-6

Everyone met at Dulles, where the airline consolidated the ski bags for storage purposes. Arriving at the very modern Munich airport, we found the

Summer Ski Maintenance 1996-2003 Season Membership Trends

7

fare machines for the Ubahn a bit confusing. We finally decided that the trip to the Hauptbahnhof (train station) was a "Section 1" trip requiring the smallest value tickets (€1.50 each). Be sure to have smaller Euro notes upon arrival for things like these machines. At the Munich station we had a 40-minute wait for the next train, which let us find the right track and hit the station bakery. The first-class train section was small, but we had no problem finding space for our ski bags and luggage.



Electronic UPSLOPE is here (mail back your response)

8

Planning Party, Pool Party, both August 15

(Continued on page 4)

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Ski News Flashes

A word from the new Editor:

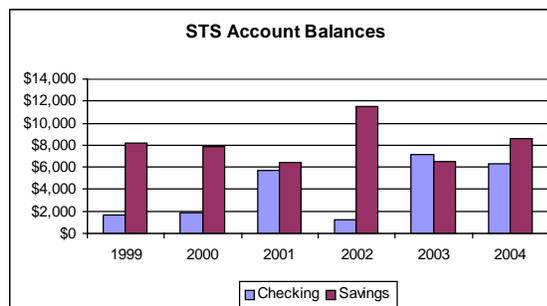
For the last 5 years, PATC STSers have benefited from the efforts of outgoing UPSLOPE editor Greg Westernik, who also served the club in other positions over the years. In stepping into his large ski boots, I hope I can provide the same high level of service, if not the same level of skiing knowledge, as Greg. In this fast-changing world, nothing is static. I expect to make changes, a few minor and visible ones starting in this edition. More importantly, the board has decided to bring you UPSLOPE electronically (see [page 8](#)). This promises the ability to bring you expanded information and color graphics at no increased cost, while saving money on copying, mailing, and distribution. Of course, those who prefer to receive a paper UPSLOPE will continue to have that option. Return page 8 with you choice and comments, or email me.

Above all, this is *YOUR* newsletter. If you don't report it, no one else will see it, so I urge you to drop me an email, a phone call, or "snail mail" with all the news that fits to print.

Ralph Heimlich

Treasurer's Report—April 25, 2004 by Rob Swennes

	Actual 2003-04 (through 3/31)	Approved budget 2003-04	Proposed budget 2004-05
REVENUES			
Memberships	\$2,590	\$2,000	\$2,500
Trip revenues	\$6,264	\$6,000	\$6,200
Savings interest	\$16	\$60	\$20
Total	\$8,870	\$8,060	\$8,720
EXPENSES			
UPSLOPE copying	\$795	\$650	\$850
UPSLOPE postage	\$555	\$500	\$600
Volunteer work expenses	\$174	\$200	\$200
Ski Fair	\$46	\$110	\$100
Admin. Expenses (incl. Meeting food, advertising, membership)	\$312	\$600	\$600
Trip expenses **	\$5,689	\$6,000	\$6,000
Total	\$7,571	\$8,050	\$8,350
NET REVENUE/DEFICIT	\$1,299	\$10	\$370



** Reservation deposits paid by the club to guarantee trip lodgings, including ones for next ski season. Not included in these figures are the monies for the Garmisch trip which were handled through the STS checking account.

Summary of STS Meeting/Apres-Ski Reunion April 25, 2004

Potential Trips and Leaders

Place: Marion Story's House, Takoma Park

Attendance: About 35

Notetaker: Barbara Mandula

Former Board Members

Bert began the meeting by thanking the Board members and trip leaders for making the 2003-04 STS season a great one, although he acknowledged that the abundant snow probably helped. He mentioned that two members were leaving the Board. After many successful years as *Upslope* editor, Greg Westernik is stepping down to take on other challenges while remaining an active club member. Debbie Ryan, who planned the trip schedule for the past season, has taken a position in Florida. We all wish her success.

New Board Members

The nominating committee presented a slate of nominees for the available positions, and all the nominees were approved. There will be several new folks bringing fresh ideas to the Board, as well as returning officers. Of special interest, Bert will be Chair (instead of Vice-Chair and Acting Chair), while Steve Bergstrom, who works in IT at NIH, will serve as Vice-Chair. Steve's special interest is land preservation. Ralph Heimlich, as *Upslope* editor, plans to enhance electronic distribution of the newsletter while maintaining paper copies for those who prefer that version. Susie Etcheverry (trip coordinator) plans to increase the number of trips to places with more dependable snow than we usually get locally.

Committee Reports

1. Treasurer's Report (Rob Swennes). We have approximately \$15,000, which is a healthy amount for seed money for upcoming ski trips ([see full report](#)).
2. Membership Report (prepared by Doug Lesar). Our total membership as of 4/25/04 is 300. During the past year, we gained 74 new members and lost 47 members, a total gain of 27 members ([see graph](#)).
3. Electronic access. Although approximately 50% of members are on the STS Listserv, more than 80% of members have e-mail addresses. This information may be useful in improving our electronic communication with members. [Data provided after the meeting.]

Trip Discussion for 2004-2005 Season

1. Approximately a dozen potential trips were put on the 2004-2005 trips calendar, including a trip that Bert plans to lead to Far Hills, not far from Montreal, in early March.
2. In 2005, MLK Day (Monday, Jan 17) and Inauguration Day (Thursday, Jan 20) fall in the same week, providing an extra opportunity for an extended ski trip.
3. White Grass: a) Ask White Grass for a discount on season passes for STS members, b) Announce that folks who go on weekend work trips to White Grass get a free season pass.
4. For Blackwater, consider ski or hike, or ski only, trips.
5. Investigate White River Outfitters.



- **August**
15 Planning party at Bert's see [p. 8](#)
- **October:**
Laurel Highlands Trail Maintenance. (Dave Holton usually leads this trip)
- **November:**
6 Ski Fair Noon to 5 at PATC HQ
? Whitegrass Trail Maintenance
- **December:**
29-Jan. 2 New Years trip (5 days/ 4 nights), Steve Brickel
- **January:**
17 Martin Luther King Day
20-23 Inauguration Day, Cabin reserved at Canaan Valley (Doug)
15-17 Laurel Highlands (Bert)
14-17 Tug Hill (Rob)
15-23 Stowe, VT (Howard)
- **February:**
21 President's Day
12-13 Valentine's Day for Couples (Bert)
19-21 Ski-Dance Weekend (Elliot Applestein)
18-21 New Hampshire (Rob)
- **March:**
6-12 Far Hills Inn, Montreal (Bert)
- **Additional trips discussed:**
 - Elliot Brumberger and Kathy Doyle will sponsor a Mountain Retreat trip
 - Steve Bergstrom and Carl Modig promised to lead a trip
 - Dave Holton requested funds be allocated for the "Learn to Ski" weekend; these were approved.

Stay current on trip plans on the web at <http://www.patc.net/chapters/ski/>

Other STS Excursion ideas (mentioned by, not necessarily trip leader)

- Blue Ridge Ski Council Western trip to Breckinridge (Steve Bergstrom)
- Val Claret or Haute Alpes, France (Andre Gupta, Alpine Experience, mentioned by Bert)
- Yellowstone in a Yurt (Bert)
- National Parks (Steve Bergstrom)
 - Mt. Rainier (<http://www.mashell.com/~mtrretail/Skiing.htm>)
 - Grand Teton (<http://data2.itc.nps.gov/parks/grte/ppMaps/200304page8%2Epdf>)
 - Yellowstone (<http://www.nps.gov/yell/publications/pdfs/YellToday/2003/YT2003winter.pdf>)

Garmisch-Partenkirchen Ski Excursion (continued)

(Continued from page 1)

Upon arrival in G-P, we rented four cabs to Haus Bader on Katzensteinstrasse, at €12 each cab. Our hostess, Frau Bader, was very friendly, though she spoke little or no English. We split up into the Haus's accommodations. Everyone on the trip really enjoyed the early morning shopping for bakery goods and other groceries, including cold cuts. We tended to have mid-morning European-style breakfasts in the living/dining room of the women's apartment. There was a beverage store a block away at the corner of Katzensteinstrasse and Zugspitzstrasse (one of the town's main drags), where we did most of our food shopping. Two blocks to the left (west) was a nice Gasthaus (restaurant). About a block further on was an American Kaserne (barracks) with security so tight that we were never allowed in, though Julie Nash inquired. There was also a nice bakery along that way called Stefan Nuss. A second bakery, the Baeckeri/Conditori, on that street wasn't as good. Heading six blocks the other way (right – east) on Zugspitzstrasse brought us to the Tengelman grocery store, which had virtually everything we needed. Cart rental was €1, with the coin returned when the cart was brought back.

You need to bring your own carrying baskets or plastic bags, or buy some there at €.20 apiece (~ 25 cents). There was a recycling office in the store to redeem empty milk bottles for credit. The beverage store also charged a hefty refundable deposit for all plastic and glass bottles taken out. The recycling effort in G-P is very impressive, and somewhat complicated. They recycle organic waste (other than meat scraps), plastic, glass, metal, and paper, each in its own recycling container outside Haus Bader.

Our first full day in town, we quickly discovered that there is a complex system of walking and ski trails. We skied out to Hammersbach and beyond on trails that cross periodically, but were always well marked for walking or skiing. We headed out from the beginning of the Hammerbacherfussweg and skied out toward the nearby mountains. We reached prepped ski trails leading left and right before we reached the train tracks and skied right (west) towards Hammersbach, enjoying several hours of skiing. We stopped in an outlying town for a nice bite to eat and drink in a local Gasthaus.

On Tuesday, the weather was very clear, and we visited the Zugspitze, the area's tallest mountain view. All walked into town and purchased tickets for the train. It turned out that this was the only clear day during the week, so we chose well for that day. The train took us up the mountainside in stages, with beautiful panoramic views over the Alps valley as we ascended. About 1.5 miles before the summit, the train entered a long tunnel cut into the rock and made the remainder of its way up to the top inside this tunnel. Once we emerged back into the light, it was clear that we had entered a winter wonderland. The train stopped in an "indoor" station up the mountain at 2656 meters. This was the point from which almost all of the downhill skiers launched into the natural "bowl" for downhill runs. There were various chair lifts and pull ropes that allowed them to ascend and ski again. Though the scenery was delightful, it was very cold and exposed to the winds, so we took few pictures outside.



After exploring the train station thoroughly, we took a cable car holding about a dozen people up to the true peak of the mountain. At the true peak (2962 m.), everything was snow and ice, and the Garmisch valley was far, far below. Despite the bitterly cold temperature, there were lots of birds soaring and coming to rest on the exposed cliffs at the top. Two of our group were so inspired by the downhill skiing options that they vowed to come back with their gear and spend a day doing that "other" skiing. The day was nearly over when we finally made it back down to Garmisch.

Early next morning I picked up our three-day rental car. Bert had decided to spend that day visiting Salzburg, Austria, along with several other STSers. The rest of us decided to visit the Partnach Klamm (gorge) on the south edge of town, near the 1936 Olympic Stadium. It was a lengthy hike to the base of the gorge. Jack, Bozena, Barbara Mandula and I made this trek. The gorge was lovely and covered in ice, with turbulent water rushing just below our feet. Years before a pedestrian walking channel had been cut into the gorge side, which enabled tourists to get quite close to the raging water.

(Continued on page 5)

Garmisch-Partenkirchen Ski Excursion (continued)

(Continued from page 4)

Everything in the channel was slick with ice, so we had to use the handholds and chain railing to move up the gorge. Jack took many pictures. After we emerged from the gorge, we continued up the steep path to the Gasthaus situated well above the Partnach Klamm. The hotel complex and restaurant were much more extensive than I remembered them from 20 years before. We again had a nice mid-afternoon lunch break in a lovely setting, and there were few other visitors in the hotel at the time. After lunch, we rode another cable car gondola down to the base of the gorge and then walked back out to the Olympic Stadium and saw some wonderful children training on the lower ski jump. There was also an instructor leading a long pack of ski children like "ducklings". They were learning how to skate ski—without poles. We were plenty tired when we returned to our apartments.

Although the weather reports had predicted warmer and sunny weather for the end of the week, we woke up on Thursday morning to find it snowing heavily, with temperatures below freezing. We decided to take full advantage of the skiing conditions and all piled back out to the ski trails lying only two blocks from the house. This time we skied east toward the Olympic Stadium.



Once there, the whole group carried skis over to the hospital (Klinikum) about a half mile further east. Many of the ski maps showed an unmaintained ski trail heading east out of town from the hospital. This day's skiing was much more like what we were used to in the States, since we had to break trail most of the time. We quickly moved from the edge of the town into the quiet of the fields and woods further out. Eventually our wanderings took us to a very steep, unimproved road that effectively blocked any further progress. We returned to the hospital area in a diminishing snow, fully ready for lunch. Most of the group opted to take the Garmisch town bus back to Haus Bader, but a small group opted to ski. By the time we returned home this way, the bus riders had already arrived. We all had a very hefty lunch because of all the skiing that day.

After lunch I announced a short car trip up to Mittenwald, a village just inside Germany on the Austrian border. We had been told at the town tourist office that the higher elevation in Mitten-

wald (~ 900 m.) ensured better skiing on days when the temperature is rising. The elevation in Garmisch-Partenkirchen was more in the range of 700 m. Driving to Mittenwald, we passed by the fields where we had made ski tracks in the virgin snow earlier that morning. As we drove along, we could see numerous signs of ski touring activity. Mittenwald proved to have, if anything, an excess of snow! Several feet of it seemed to be on the ground and piled up all around. We tried to locate the violin museum, since the town is famous for its rich history of violin making. Of course, we were also on the lookout for ski trail maps of the area. We returned to Garmisch after dark, but confident that we could enjoy some great skiing the next day in the higher elevations southeast of the town.

On Friday, most of the group was interested in some new skiing challenges. But the logistics of getting 11 people back and forth in a car sized for 5 people were complicated. Fortunately we did have a roof rack that worked well for transporting the skis. With our leisurely morning shopping and extended European breakfasts, it was after noon before we were ready to hit the trails. A few of the group opted instead to visit the Partnach Klamm (gorge) that others had visited a few days earlier. The rest of us drove in two groups to the small community of Kaltenbrunn (900 m.), and established a base at a large Gasthaus there.

Just to the west of the town was the start point for the most impressive set of trails that I have ever seen in over 20 years of ski touring. Much of the course was double tracked, with a generously wide area in between for skate skiing. The course was unidirectional, so that you never had to worry about skiers coming in the other direction. We never met any of the elves who carefully groomed the many miles of ski trails each day. We could only assume that they did the grooming in the early morning hours before the first skiers arrived for the day. There was no direct charge for using the trails, with all of the maintenance costs paid through the local daily tourist tax (€3), we assumed.

(Continued on page 6)

Garmisch-Partenkirchen Ski Excursion (continued)

The Kaltenbrunn ski trails led through a sweeping landscape of forests and open valleys to the even smaller community of Klais, about 5 kilometers further to the west. Everyone traveled at his own pace, observing the great scenic beauty around, including the many high mountains that edged the valley. About mid-way on the trek between Kaltenbrunn and Klais was an alternate route under the main road and on to the tiny community of Gerold. Those of us who made that trek then found that we were at about the mid point of a 20 km. series of ski loops radiating out from the larger tourist towns of Wallgau and Krün. What a challenge! I believe I was the only one foolish enough to attempt the full 20 km. circuit that day, and there were plenty of moments when I regretted my decision. But the skiing was beautiful, and the trails were little traveled. In many places, the land rose and fell, making for a good variety of skiing. By the time I returned to my starting point in Gerold, I was hungry and twilight had descended. I forged on for another hundred yards or so before I realized that I was beginning the 20 km. loop once again. Big mistake! So I backtracked to the Klais-Kaltenbrunn trail network and headed wearily back to our gathering point at the Gasthaus in Kaltenbrunn. I passed a couple of the other STSers on the way, which was a good sign. Everyone made it back O.K., but I learned that I was not the only one to get disoriented by some of the signage. Everyone drove back to our apartments and enjoyed a hearty dinner.



On our final full day in Garmisch, some people opted to do local shopping and other touristy things. I had a long-standing desire to visit Oberammergau, the town about 30 km. distant where every 10 years the citizens of the town stage the Passion play as they have been doing since the Middle Ages. It was first undertaken as a way to give thanks for the town's small loss of life during the years of the Black Plague. Whatever its origin, the Passion play has made the town world famous. I spent about an hour wandering through the old part of the town and picked up information on the ski trails that run along the Ammer river there.

That afternoon a car-load of us returned to the wonderful trails out toward Mittenwald. This time we based ourselves in Krün and picked out a nice Gasthaus for a rendezvous. We were careful not to push ourselves as hard as the day before. When we arrived at the Gasthaus after skiing, there were, as always, wonderful soups, beers, and other menu delights to settle any hunger pangs.

On Sunday morning we departed from Haus Bader with deep regret and fond memories. We said our good-bys to Frau Bader and her husband and took taxis back to the Garmisch-Partenkirchen train station. Once back in Munich, we took our bags by taxi to the Holiday Inn-Nord hotel. The weather was overcast, grey, and damp, but after a great Italian mid-day meal at a local restaurant, most of us spent a couple of hours exploring the Englischer Garten (a Central Park-sized green area), the university sector, and the many other sights along Leopoldstrasse. The next morning, we arranged for direct transport to the Munich airport to avoid lugging ski bags through several modes of transport. We had a great final breakfast together at a very nice mezzanine cafeteria at the airport. At that meal Bert finally fulfilled his wish to have German beer with breakfast—and I did the same.



trip out in the Rockies—notwithstanding the poor dollar-to-euro exchange rate at the time. And who can put a monetary value on the foreign cultural experience?

For more Garmisch photos, [click here](#).



The success of this trip overseas to Germany has whetted the appetites of the participants to try some other foreign ski venues—and to perhaps return again to Germany in a few years' time. The per person cost of this European trip was actually less than what it would have cost for a comparable

**Ski Maintenance for the Off Season
(continued)**

adapted from http://ma.essortment.com/skicrosscountr_raeh.htm

The best time to do heavy-duty maintenance work on your skis is during the Spring or just after their last use of the season. Storing burned or gouged skis will only cause further damage over the long, hot summer months. *IS IT TIME NOW?*

Skis which have gouges need immediate attention. Bases which are dry-looking toward the inside edges need waxing. Edges which are rough or dull require filing. Modern cross-country skis require very little maintenance, but there are a few things you can do help them perform up to their potential. The main thing is to keep their bases clean, whether waxable or non-wax. An amazing amount of stuff can build up on ski bases and almost all of it will slow a ski down. Dirt, pine pitch, bits of leaves and other debris are all lurking on the trail and waiting to attach to your skis.

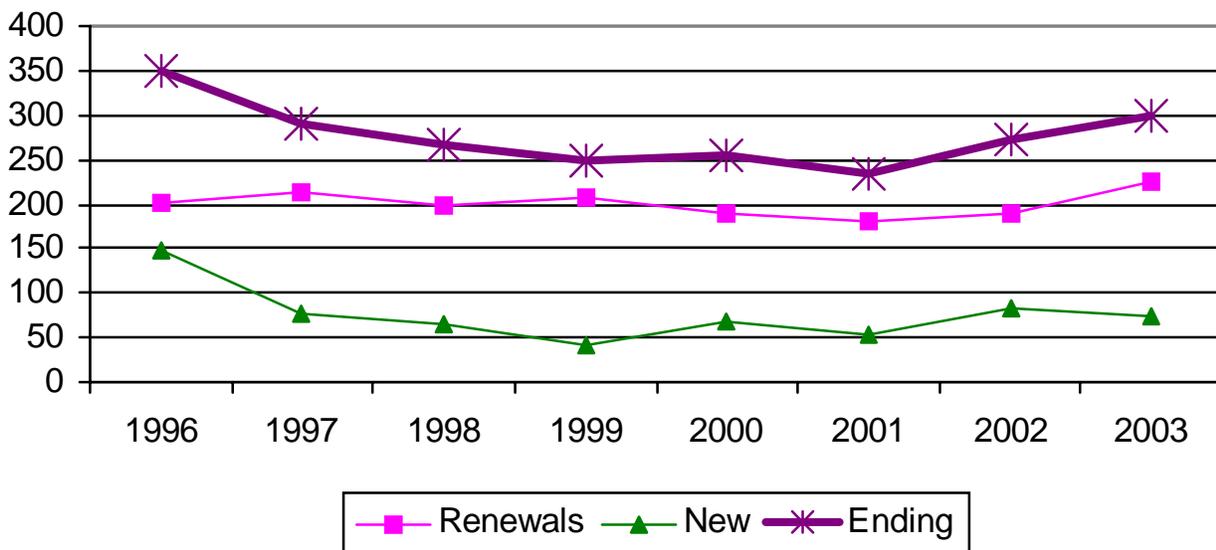
In the case of waxable skis, you should strip old wax off as soon as you can visibly see dirt building up. When you have all the wax removed it's also a good time to fill in any gouges that have appeared. Clean a gouge out thoroughly with wax remover. The citrus-based wax removers are the safest. Use a p-tex "pencil" iron to melt a string of p-tex into the gouge. The p-tex pencil (looks like a wood-burning tool or small soldering iron) and strings of p-tex can be ordered from Tognar Toolworks (www.tognar.com or 800-229-9904). After you have filled in all the gouges, use a metal scraper or surform plane to remove any excess p-tex. Finally, reapply glide and kick wax appropriate for the temperatures you are likely to encounter. For no-wax skis it's a good idea to wipe them down with some wax remover every now and then and then apply some new glide wax (e.g., Swix F-4) or other product that enhances glide (e.g., Speed Cote). The same goes for no-wax skis with respect to gouges: fill them in!

After you have cleaned up and renewed your ski bases, check the binding screws and put a little WD-40 on the binding mechanism. Rubbing some paraffin or candlewax on the part of the binding beneath your foot will help reduce ice and snow build up because snow doesn't stick to the wax. Finish up the job by waxing the top of the skis with a furniture wax, like Pledge; just don't get any of the spray on your base wax.

The ritual just described is also a good one to go through at the end of the ski season. It will leave your skis ready to go at the beginning of the next season, so you won't waste any time when the first flakes begin to fall. It's especially important to make sure that waxable skis have a good coat of wax on their bases over the hot summer. Without this protective coat of wax the base can oxidize and lose many of its good gliding properties. If your ski bases have kind of a whitish glazed look to them they may have oxidized.



PATC-STS Membership Trends



Electronic UPSLOPE Is Here NOW

In the interests of saving STS money, time, and labor, the environment paper, ink and energy, and taking advantage of the latest communication technology, we are now posting [Acrobat](#) (.pdf or portable document file) versions of the UPSLOPE on the STS website (<http://www.patc.net/chapters/ski/upslope/newsletter.htm>), starting with this edition. This will better serve members in several ways: UPSLOPE will be there to refer to long after you've trashed your paper copy; photos and illustrations will be in **COLOR**; links to our website and others and internal navigation will be clickable; additional material not printed in the paper version can be added; we can entice new members with selected articles and features while still keeping most editions for the membership.

However, the most important benefit will only accrue if, as we anticipate, many members choose to forego paper copies altogether. Please indicate whether you would be willing to "go electronic", and give us your views on the change. Just clip the top half of this page, fold, tape, stamp and put it into the mail—it's preaddressed! Or, email me (see [p. 2](#)). You have another chance each time you renew your membership (see membership form on last page).

How electronic UPSLOPE would likely work: Those indicating "electronic only" would receive an email with a link to the new edition each time it is posted. An archive of past editions would be maintained. You can choose to continue receiving UPSLOPE in the mail. Those choosing electronic UPSLOPE might receive a "thank you" premium, perhaps a patch or bumper sticker.



YES!! I'm ready for electronic ONLY distribution of UPSLOPE. Send me a URL to read the latest edition each time, and mail no hard copy.



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Trip Planning Meeting August 15 ————— Pool Party August 15

At Bert's—Join us at Bert's house for our August Trip Planning Meeting and stay for the barbecue afterwards. We'll be having a business meeting starting at 1:00 where we'll be putting together this winter's trip schedule. Trip leaders and potential trip leaders are especially welcome! The business part will last until 2:30 when we'll fire up the barbecue for burgers, hotdogs, chicken & ribs (also veggie burgers). **Please RSVP** by email with "[STS Meeting]" in the subject line to bertf@erols.com so we know how much food to get.

Directions from the Beltway in Virginia: Take the Dulles Toll Road (267) west. Do NOT go onto the Dulles Access Road to your left. Go about 10 miles and exit onto Reston Parkway. Take a left onto Reston Parkway and cross over the toll road. Take a left at the third traffic light (excluding the lights on either side of the toll road) and turn onto Glade Drive. Go through the first light and go up the hill until you see townhouses on the left. Take a left onto Charterhouse (you can park on Charterhouse) and make a left onto Horseferry. Bert's house is an end unit on the right at the corner of Horseferry and Abercorn. Park in any space not marked "Reserved". Call (703) 715-8534 if you get lost. The address is 2349 Horseferry Court, Reston, VA 20191.

At the Lautenberg's—We are planning to do a members-only STS pool party on August 15th starting at 2 PM. Our address is 4548 Cherry Lane, Jefferson, MD. **If you need directions**, please contact us via e-mail (JLautenb@aol.com) or at 301-371-8312. Instead of grilling this year we plan on ordering in some pizza....that way no one will be standing over a hot grill in the heat. For accompaniments please sign up for the following:

- | | |
|--------------------|----------------|
| Last name : | Brings: |
| A - G | Side dish |
| H - O | Soda or chips |
| P - Z | Dessert |

Hope to see you all here. Melinda and Jim

Place 1st
class
stamp
here

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To:

PATC Ski Touring Section Membership Form

The PATC/STS provides quality services and benefits to its cross-country skiing members while promoting and supporting the PATC and cross country skiing in general. Whether a novice, recreational, citizen racer or telemark skier, STS has something for every XC skier. Imagine yourself floating on the snow, climbing across hill and dale in the quiet of winter, stopping for lunch in brilliant sunshine on a vista with a view of snow-covered ridges and valleys stretching to the horizon, and then making a descent back to home. Our membership enjoys ski touring in the hills with the comradeship and safety of a group. When you become a member, you receive all issues of the club's newsletter UPSLOPE and other useful information. UPSLOPE is published six times a year by PATC/Ski Touring Section, a non-profit, educational and recreational group of cross-country skiing enthusiasts based in the Maryland, DC, Virginia, PA and West Virginia areas. UPSLOPE provides information about STS trips and events (e.g., Learn-To-XC-Ski weekends, Telemark instructional clinics, and Tug Hill NY mini-week ski trips). One year membership runs from October 1st through September 30th of the next year. If you join in April or later, your one year membership will run through September of the next year. To insure uninterrupted membership for more than one year, you may provide advance dues for up to three years. To join, select your desired membership category and term from the table below, complete this Form legibly, and send it with a check appropriate to your membership choice (**payable to PATC Ski Touring Section**) to:

PATC-Ski Touring Section, c/o Doug Lesar, 2507 Campbell Place, Kensington, MD 20895

Membership Classes

<u>Membership Categories</u>	<u>1 Year Only</u>	<u>2 Years</u>	<u>3 Years</u>
Individual	\$ 9	\$17	\$25
Family	\$13	\$24	\$35

PLEASE PRINT or TYPE THE INFORMATION BELOW !!!

Name(s): _____ Request is for: - NEW Membership: _____

Address: _____ Today's Date: _____ - New Address: _____

City: _____ State: _____ Zip: _____ - Renewal: _____

Home Phone: _____ Work Phone: _____ Email Address: _____

- Add me in Annual member directory but do not list my: Home Ph.: ___ ; Work Ph: ___ ; Email: ___; Postal Address: ___
- If checked, add me to STS LISTServ so I can get infrequent, adhoc announcements of local XC Ski activities: ___
- If checked, add me to STS Bulk Email list so I get official club announcements important to all STS members: ___
- **NEW:** If checked, send my UPSLOPE electronically ONLY to save the club copying and postage: ___

STS is an all-volunteer organization. We cannot function without the assistance of our members. If you are interested in volunteering to help STS in any of the following areas, please check the box and you will be contacted:

- | | | |
|--|--|---|
| <input type="checkbox"/> STS Officer | <input type="checkbox"/> Publicity | <input type="checkbox"/> XC Ski Instructor |
| <input type="checkbox"/> Web Content Assistant | <input type="checkbox"/> Ski Trip Leader | <input type="checkbox"/> Special Events Coordinator |